

Make a pancake: Storytelling tips and Learning tools

Before reciting:

- The day before you plan to read the poem, ask the children to think of their favorite breakfast item before coming to class the next day so they can talk about it. Kids from different cultures might have different breakfast suggestions
- Before you start, ask the children what they had for breakfast

Reciting and participation:

- Memorize the poem and invite children to fill in the food names, expectantly pausing a little
- Use the cadence and clap along, emphasizing the rhythm
- Feel free to substitute the items in the poem with your own/take suggestions from the children and chant
- For each '... tummy full', place your hand on your tummy and make a circular motion. Ask the children to do the same
- Keep adding more items till you can sense the class getting bored
- Say the poem at least thrice so the children can learn it and ask them to repeat after you

After reciting:

- Ask the children:
 - o To write their own poems with their choice of breakfast items
 - o What ingredients they think go into making an omelette, hash browns, pancake, and waffle
 - o To describe the characters in the poem based on the illustrations
 - o To describe their favorite breakfast items and why they like them
- Talk to the children about the importance of eating a nutritious breakfast